

# DIRTY WHITE BOY One Addicts Lifelong Battle Against Heroin Addiction

*The Addiction Battle More Than A Promise* Writing Addiction *The SAGE Encyclopedia of Alcohol* *The Freedom Model for Addictions* The Cambridge Handbook of Substance and Behavioral Addictions By an Addict, for an Addict *All in the Family* *Clinical Management of Sex Addiction* *Big & Tall Chronicles* *Narratives of Addiction* Spark *Carbohydrate-Addicted Kids* Recovering from Sexual Abuse, Addictions, and Compulsive Behaviors *Health Psychology and Behaviour Change* *The Gambling Addiction Client Workbook* *Inside the Teenage Brain* *Community Solutions to Breaking the Cycle of Heroin and Opioid Addiction* *Truth and Justice for Fun and Profit* *Understanding Addiction* *The Cure for Alcoholism* *The Good Dad* *Jennifer Needle in Her Arm: Healing from the Hell of My Daughter's Drug Addiction* *Expanding Addiction: Critical Essays* *End Your Addiction Now* *Treating Addictions* *I'm Not an Addict ... I'm Just an Ass!* *Changing Anarchism* *Endurance* *Race of Life and Addiction* *Working with Drug and Alcohol Users* *Stepping Stones* *Divided Canaan* *The Swallow's Nest* *Addiction* *Stop the Wheel, I Want to Get Off!* *The Path to Addiction...* *For a Child with Spirit* *The Sober Addict* *Allen Carr: The Easy Way to Quit Cocaine* *The Man in Song*

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*I'm Not an Addict ... I'm Just an Ass!* Aug 10 2020 July 27, 1991, author Geri Petito made a decision to stop using drugs. She was what you might call a functioning drug addict. Her family didn't know she used and most of her friends were unaware as well. But that day came when she knew she was spiraling out of control. Petito checked herself into a rehab facility and stayed there for the full thirty days. It changed her life. In *I'm Not an Addict ... I'm Just an Ass!*, she narrates a personal, intimate, honest, and sometimes lighthearted account of her road to recovery, a story that inspires others to take the same journey. She shares the steps she took to change her thinking from unhealthy to healthy, including honesty, faith, surrender, soul-searching, integrity, acceptance, humility and enabling, willingness, forgiveness, maintenance, making contact, and service. Petito tells how she felt anger, frustration, and pessimism, and how it eventually turned into hopefulness, gratitude, and empowerment. *I'm Not an Addict ... I'm Just an Ass!* communicates that these emotions are essential to the start of the road to recovery—beginning a new life with a healthy mind, body, and spirit.

*More Than A Promise* Oct 04 2022 Our lives are filled with unique challenges that either make or break us. Often, we find that on the other side of a "breaking," something new, strong, and incredibly beautiful emerges. It's like the phoenix that emerges from the ash heap. Such is the beauty found in *More Than A Promise*. Diane Boyette tells the story of how her brother and her family faced incredible heartbreak and pain as they encountered the many challenges brought about by her brother's lifelong battle with drug addiction. With three months to live, she shares the intimate story of how they walked him right up to his very last breath in his final life battle with lung cancer. This riveting saga of a family's painful struggle through drug addiction highlights broken promises and shattered dreams across more than four decades. Though difficult to see at times, threads of faith and hope are found woven into their lives. In the end, the power of prayer and forgiveness emerges stronger than the power of addiction. Addiction touches many lives in deeply painful ways. It can leave lifelong scars on the hearts and souls of the addict, as well as those who love him or her. These scars can be beautiful reminders of how God's incredible grace and mercy follows each of us day by day throughout our lifetime. God's promise of Barry's redemption is fulfilled in this story, but more than a

promise is found in these pages. "Surely Your goodness and mercy will follow me all the days of my life, and I will dwell in the house of the Lord forever." Psalm 23:6

*The Sober Addict* Aug 29 2019 Addiction is a terminal disease if left untreated... If you can imagine having 50% of who you are actively trying to kill you then you have an idea of what it is like living with this disease. *The Sober Addict* is a book for all those impacted by the disease addiction. Within the pages of DC Hyden's book, addicts, family members, enablers, and helpers will find unconventional ways to combat addiction from Onset to Remission. This guide will help you learn how to function with this dysfunctional and chronic illness.

*Understanding Addiction* Mar 17 2021 *Understanding Addiction* By: Sadie Petersen *Understanding Addiction: Behind the Scenes* isn't going to be like that nagging uncle telling you to kick your son out on the streets. It's not going to tell you what you should and shouldn't do about your sister, grandson, daughter, mom, brother, or best friend's addiction, either. It's not going to hammer you with statistics and big words about addiction that make no sense, or stuff a bunch of scientific jargon down your throats. What author Sadie Petersen does provide you with is some REAL personal stories about her own life and experiences, real struggles addicts might be afraid to tell you themselves, and some REAL advice and "answers," by giving you a look behind the scenes of drug addiction. This book is about helping you, and so many others like you, to take a deeper look inside drug addiction by providing a better understanding of this lifestyle through different perspectives, and to help you find the peace and understanding for which you might be searching. It is Petersen's goal that, after reading her book, every reader will leave with the ability to think objectively and critically about the severity that comes with addiction, and learn how to apply their own behaviors in situations that may arise with their loved one's addiction. Petersen hopes her audience WILL understand this lifestyle more clearly after reading her story and be able to apply it to their own lives to create improved outcomes for the long run. There are no RIGHT answers in dealing with drug addiction. But, with ten plus years of experience within this lifestyle, Petersen has found her peace with it, and she knows you can, too!

*The Path to Addiction...* Oct 31 2019 While this book is technically a sequel, the hope was that there would never be reason to continue the first book's storyline. That book was left open-ended because we can never be sure of an addict's long-term sobriety. Given the longevity of his addiction, his drug of choice and history of failures, the probability was high that my son could relapse again. He had been clean and sober for 30 months (18 months in prison and 12 months back home) before his regression was triggered by a prescription pharmaceutical. Vicodin was prescribed and that led my son back to the streets for methadone and from there it was just a matter of time before reconnecting with his old friend, heroin. My son's meltdown and the mind-numbing ugliness of the fallout are documented in-depth, during the early chapters of this book. In an effort to better understand the profound difficulties that addicts struggle with, and why they seem powerless to control their lives, the mid-section of the book is devoted to research. The book covers addictions in general, the history of worldwide drug usage, the pros and cons of the various treatment programs, the debate over the difference of opinion regarding the numerous models, the causal triggers and the pharmaceutical companies. Every addict has two personalities, but the general public only sees the manifestation of the unsightly one; the good one goes unnoticed, even when they're clean and sober. The indistinguishable one is no different than you or me; he's just overpowered by his unwanted tenant addiction. In trying to point out that no one wants to be an addict. Once clean, the addict knows that he must always be strong and vigilant because his co-pilot is always waiting in the wings for his chance to once again, take over the flight controls.

*Endurance Race of Life and Addiction* Jun 07 2020 This is written for my son, Nathan, and all those that struggle with addiction. Addiction must be the worst stronghold anyone faces. While our country fights the epidemic of opioids, so many of our families are losing their battles to overdoses, deaths, and mental health illnesses. This needs to stop. To the families of those addicted, I encourage you to find your role in your family members' addiction. Don't enable, disable, or just tolerate. You have a role to play, and it can be a healthy, loving role with many rewards including a healthy, happy, and hopeful family member and a successful recovery someday. Also, this is written for all the women out there that hit their midfifties and think they are "too old" to do anything active. Don't believe those lies. The devil would like to keep you right where you are. Think again! When your desires to be better become hard, push through it and "do it anyway"! You will love the results. And for any of you that have ever wanted to complete or compete in a race, a bike ride, a 5K, 10K, or an IRONMAN, go for it. Step out in faith, get moving, and when it is hard, do it anyway! There is hope. Don't stop fighting. The battle is real, but there is hope! "hope to win the race. This endurance race for life is not easy, but it's available to you. God has a plan for you and me. Be willing to work His plan. There is freedom waiting for you there. In sincere love, faith, and hope, Lisa Heyer

*Working with Drug and Alcohol Users* May 07 2020 *Working with Drug and Alcohol Users* provides an accessible guide to substance use and working with substance users. Using transactional analysis theory, the author explains why some people use substances, exploring different personality types, and covers the basic components of drug counseling. The book then outlines different counseling techniques used to treat and manage substance users, using transactional

analysis models. These include motivational interviewing, harm reduction counseling, drug use ambivalence work and relapse process work. A chapter on teenage drug users is also included. Case examples feature throughout to demonstrate the ideas in practice. This will be an essential guide for all those working with drug and alcohol users, including counselors, psychotherapists, psychologists and support workers.

*Stop the Wheel, I Want to Get Off!* Dec 02 2019

*The Swallow's Nest* Feb 02 2020 Three women fight for the chance to raise the child they've all come to love When Lilia Swallow's husband, Graham, goes into remission after a challenging year of treatment for lymphoma, the home and lifestyle blogger throws a party. Their best friends and colleagues attend to celebrate his recovery, but just as the party is in full swing, a new guest arrives. She presents Lilia with a beautiful baby boy, and vanishes. Toby is Graham's darkest secret—his son, conceived in a moment of despair. Lilia is utterly unprepared for the betrayal the baby represents, and perhaps more so for the love she begins to feel once her shock subsides. Now this unasked-for precious gift becomes a life changer for three women: Lilia, who takes him into her home and heart; Marina, who bore and abandoned him until circumstance and grief changed her mind; and Ellen, who sees in him a chance to correct the mistakes she made with her own son, Toby's father. A custody battle begins, and each would-be mother must examine her heart, confront her choices and weigh her dreams against the fate of one vulnerable little boy. Each woman will redefine family, belonging and love—and the results will alter the course of not only their lives, but also the lives of everyone they care for.

*Recovering from Sexual Abuse, Addictions, and Compulsive Behaviors* Sep 22 2021 Explore the connection between sexual victimization, addiction, and compulsive behaviors! This book demonstrates clearly what lengths survivors of sexual abuse will go to in attempting to avoid dealing with the pain resulting from their sexual abuse. Anyone who has been sexually abused is likely to have one of the addictions or compulsive behaviors described herein. The information in *Recovering from Sexual Abuse, Addictions, and Compulsive Behaviors* regarding codependency is especially useful to survivors of sexual abuse who now find themselves in abusive relationships. Survivors of abuse who have gone without treatment sometimes become either sexual perpetrators or sexual addicts and may experience many different types of psychological dysfunction. *Recovering from Sexual Abuse, Addictions, and Compulsive Behaviors* examines issues that survivors often have regarding: trust and friendship sexuality and sexual addiction marriage and family religious addiction as opposed to spirituality alcohol and substance abuse workaholism weight issues and eating disorders violence as the result of shame, fear, and depression caused by abuse *Recovering from Sexual Abuse, Addictions, and Compulsive Behaviors* is more than a litany of the problems that survivors face. This valuable work will show you: HOW the survivor came to employ addictive or compulsive behaviors WHY the survivor continues to employ these self-abusive behaviors despite the pain caused by the addiction WHAT the survivor needs to do to aid recovery WHERE the survivor can turn to obtain the help that is needed to recover from addictive or compulsive behaviors With its complete bibliography and up-to-date information on sexual abuse, addictions, and compulsive behaviors, *Recovering from Sexual Abuse, Addictions, and Compulsive Behaviors* will show you the full course of sexual abuse and its aftermath, bringing you from the beginnings of sexual abuse through the steps that lead to addiction and compulsion, and ultimately, recovery.

*All in the Family* Mar 29 2022 Many excellent and informative books have been written on addiction. These books have provided information about the nature of the disease, characteristics of the addictive life-style, and ways to offer recovery to the addict. There have also been helpful books written on the dynamics of family life when family members have an individual who has an addiction. However, few books have been written to help families as they struggle with the faith questions and issues that arise when addiction is a part of the family. This book will help families deal with these faith questions and issues such as where is God, how do I pray, and is there hope? This book is written for families that are dealing with the addiction of a family member. It is intended to address the faith issues that these families are struggling with as they also deal with the family dynamics associated with addiction.

*The Freedom Model for Addictions* Jul 01 2022

*Carbohydrate-Addicted Kids* Oct 24 2021 *Something's Eating Your Child. It Could Be Junk Food. Does your kid grab food on the run? Does it seem as if your youngster could live on pizza and fries while guzzling juice and soda? Your child or teen may be carbohydrate addicted and suffer from a chemical imbalance that can lead to weight gain, mood swings, hyperactivity, even learning and behavior problems. Junk food, sweets, and even healthy high-carbo, low-fat foods can wreak havoc on insulin and blood-sugar levels--imbalances that lie at the heart of these problems. Drawing on more than a decade of research, Drs. Richard and Rachael Heller, authors of the bestselling *The Carbohydrate Addict's Diet*, have helped more than a million people break free of the addiction to carbohydrates. In *Carbohydrate-Addicted Kids*, these renowned researchers present parents with two struggle-free alternatives: an easy Step-By-Step Plan as well as a quick, Jump-Start Plan. Each plan corrects the root cause of the carbohydrate cravings and is especially designed with kids and teens in mind. As their insulin and blood-sugar levels become balanced, youngsters*

are free to enjoy a wide variety of foods, and mood, behavior, and learning problems literally disappear. Help your child break free of carbo cravings, sugar highs, and sugar lows--without deprivation--for life.

**The Cambridge Handbook of Substance and Behavioral Addictions** May 31 2022 Written by leaders in the addictions field, 100 authors from six countries, this handbook is a thoroughly comprehensive resource. Philosophical and legal issues are addressed, while conceptual underpinnings are provided through explanations of appetitive motivation, incentive sensitization, reward deficiency, and behavioral economics theories. Major clinical and research methods are clearly mapped out (e.g. MRI, behavioral economics, interview assessments, and qualitative approaches), outlining their strengths and weaknesses, giving the reader the tools needed to guide their research and practice aims. The etiology of addiction at various levels of analysis is discussed, including neurobiology, cognition, groups, culture, and environment, which simultaneously lays out the foundations and high-level discourse to serve both novice and expert researchers and clinicians. Importantly, the volume explores the prevention and treatment of such addictions as alcohol, tobacco, novel drugs, food, gambling, sex, work, shopping, the internet, and several seldom-investigated behaviors (e.g. love, tanning, or exercise).

**Jennifer Needle in Her Arm: Healing from the Hell of My Daughter's Drug Addiction** Dec 14 2020 Jennifer Needle in Her Arm explores the emotional turmoil that parents go through when they have either lost a child to drugs or have to deal with a child currently addicted to drugs. Bonnie Kaye, who lost her daughter Jennifer in 2002 at the age of 22, suffered the guilt and shame almost all good parents go through in the aftermath of losing a child to drugs. In this book, Kaye talks about the journey she and her daughter went through together, and how in the end, nothing she did changed the outcome. She shares some articles she wrote in the years following her loss to help people understand what parents go through with a drug-addicted child. Kaye has also included a number of heart-wrenching writings that Jennifer gave to her to share with others in hopes that they would read about her pain and not have her daily struggles of survival. One passage includes these words of despair and hope: Dear Addiction, What have I ever done to you to deserve all this pain and agony? You have taken everything from me. My family's trust, my family's sleep, my sleep, my apartment, car, jewelry, etc. But worst of all you've taken my sanity, my life, and me. I think of you every day. I even dream about you at night. I'm sure your only thoughts about me are to totally destroy me. I love you yet hate you so much. No matter how hard I fight, you are stronger. I'm 19 but feel 69 because of you. You have robbed me of my childhood. Because of you I have killed, robbed, sold drugs, sold myself, and hurt everyone close to me. You're a liar!!!! You swore you would make things easier for me. You swore I wouldn't have to worry about anything. You promised fun and heaven. But all you have given me is hurt and agony and a living hell. This is my life and I'm taking it back. I'm going to win this battle. I PROMISE. The book is comforting to parents who continue to suffer from shame, guilt, and feelings of helplessness. They will realize they are not alone--and they are not responsible.

**The Addiction Battle** Nov 05 2022 Is every day a challenge as you wage your personal battle against addiction? If you've fallen into the addiction trap, you are not alone. It is estimated that one out of ten Americans is struggling with addiction. Author Timothy Wulff, M.S.W., is an addiction therapist who has spent more than a decade successfully treating individuals addicted to drugs and alcohol. To identify the source of addiction, Wulff focuses on beliefs about one's self that develop early in life and that eventually obscure the strong and positive true self, increasing susceptibility to addiction. In *The Addiction Battle*, Wulff will help you discover where your greatest strengths are buried and teach you how to use their hidden power to overcome addiction. Wulff will teach you how to redefine the terms anger, selfishness, and troublemaking, and make them key tools in shaping your actions from a new healthy perspective: &•&• Anger—It's a powerful emotion that can be used constructively to protect yourself.&•&• Selfishness—Healthy selfishness is good self-care. Without it, addiction continues.&•&• Troublemaking—the opposite of pleasing others, troublemaking helps you stand up for your own feelings, needs, and desires. Learning to use these tools, which are already part of you, will enable you to reclaim these inner strengths. Through the book's practical and sensitive pages, Wulff gives you a way to begin your life anew and triumph over addiction.

**The SAGE Encyclopedia of Alcohol** Aug 02 2022 Alcohol consumption goes to the very roots of nearly all human societies. Different countries and regions have become associated with different sorts of alcohol, for instance, the “beer culture” of Germany, the “wine culture” of France, Japan and saki, Russia and vodka, the Caribbean and rum, or the “moonshine culture” of Appalachia. Wine is used in religious rituals, and toasts are used to seal business deals or to celebrate marriages and state dinners. However, our relation with alcohol is one of love/hate. We also regulate it and tax it, we pass laws about when and where it's appropriate, we crack down severely on drunk driving, and the United States and other countries tried the failed “Noble Experiment” of Prohibition. While there are many encyclopedias on alcohol, nearly all approach it as a substance of abuse, taking a clinical, medical perspective (alcohol, alcoholism, and treatment). The SAGE Encyclopedia of Alcohol examines the history of alcohol worldwide and goes beyond the historical lens to examine alcohol as a cultural and social phenomenon, as well—both for good and for ill—from the

earliest days of humankind.

**Health Psychology and Behaviour Change** Aug 22 2021 This textbook offers a fresh approach to health psychology through the theory and practice of behaviour change. Using an array of case studies from around the world, it discusses how we can develop and evaluate behaviour change interventions. The book encourages active engagement with contemporary discussions about health behaviours, covering areas of emerging importance such as weight stigma, vaping, nudges, vaccine hesitancy and paleo-inspired lifestyles. With a focus upon critical thinking, this book will equip students for success in their research projects and beyond. Ideal for students of Health Behaviour Change and Health Psychology, this textbook is also relevant to those taking courses in related fields such as Nursing and Public Health.

**Clinical Management of Sex Addiction** Feb 25 2022 Clinical Management of Sex Addiction's newest edition updates many of the original chapters from 28 leaders in the field with new findings and treatment methods in the field of sex addiction. With a growing awareness of sex addiction as a problem, plus the advent of cybersex compulsion, professional clinicians are being confronted with sexual compulsion with little clinical or academic preparation. This is the first book distilling the experience of the leaders in this emerging field. It additionally provides new chapters on emerging areas of interest, including partner counseling, trauma and sexual addiction, and adolescent sex addiction. With a focus on special populations, the book creates a current and coherent reference for the therapist who faces quickly escalating new constellations of addictive sexual behavior. Readable, concise and filled with useful interventions, it is a key text for professionals new to the field and a classic reference for all clinicians who treat sex addiction.

**Community Solutions to Breaking the Cycle of Heroin and Opioid Addiction** May 19 2021

**The Gambling Addiction Client Workbook** Jul 21 2021 The Gambling Addiction Client Workbook by Robert R. Perkinson is an evidence-based program that uses treatments including motivational enhancement, cognitive-behavioral therapy, skills training, medication, and 12-step facilitation. This workbook walks clients through self-reflective activities and exercises meant to help them recognize the underlying motivations and causes of their gambling addiction and to learn the tools necessary for recovery. The Third Edition of this workbook includes coverage of all 12 steps of recovery. Chapters focused on honesty and relapse prevention as well as a personal recovery plan contribute to client success.

**The Man in Song** Jun 27 2019 There have been many books written about Johnny Cash, but *The Man in Song* is the first to examine Cash's incredible life through the lens of the songs he wrote and recorded. Music journalist and historian John Alexander has drawn on decades of studying Cash's music and life, from his difficult depression-era Arkansas childhood through his death in 2003, to tell a life story through songs familiar and obscure. In discovering why Cash wrote a given song or chose to record it, Alexander introduces readers anew to a man whose primary consideration of any song was the difference music makes in people's lives, and not whether the song would become a hit. The hits came, of course. Johnny Cash sold more than fifty million albums in forty years, and he holds the distinction of being the only performer inducted into the Rock and Roll Hall of Fame, the Country Music Hall of Fame, the Songwriters Hall of Fame, and the Gospel Music Hall of Fame. *The Man in Song* connects treasured songs to an incredible life. It explores the intertwined experience and creativity of childhood trauma. It rifles through the discography of a life: Cash's work with the Tennessee Two at Sam Phillips's Sun Studios, the unique concept albums Cash recorded for Columbia Records, the spiritual songs, the albums recorded live at prisons, songs about the love of his life, June Carter Cash, songs about murder and death and addiction, songs about ramblers, and even silly songs. Appropriate for both serious country and folk music enthusiasts and those just learning about this musical legend, *The Man in Song* will appeal to a fan base spanning generations. Here is a biography for those who first heard "I Walk the Line" in 1956, a younger generation who discovered Cash through songs like his cover of Trent Reznor's "Hurt," and everyone in between.

**Truth and Justice for Fun and Profit** Apr 17 2021 This collection of Michael Heaton's best newspaper and magazine stories shows Cleveland to be a crazy quilt of bold schemes, failed dreams, and colorful characters. To get the story he has put on boxing gloves and entered the ring, and gone undercover with the FBI and mob informants. He has interviewed chefs and coroners, gypsies and priests.

**Spark** Nov 24 2021 A groundbreaking and fascinating investigation into the transformative effects of exercise on the brain, from the bestselling author and renowned psychiatrist John J. Ratey, MD. Did you know you can beat stress, lift your mood, fight memory loss, sharpen your intellect, and function better than ever simply by elevating your heart rate and breaking a sweat? The evidence is incontrovertible: Aerobic exercise physically remodels our brains for peak performance. In *Spark*, John J. Ratey, M.D., embarks upon a fascinating and entertaining journey through the mind-body connection, presenting startling research to prove that exercise is truly our best defense against everything from depression to ADD to addiction to aggression to menopause to Alzheimer's. Filled with amazing case studies (such as

the revolutionary fitness program in Naperville, Illinois, which has put this school district of 19,000 kids first in the world of science test scores), Spark is the first book to explore comprehensively the connection between exercise and the brain. It will change forever the way you think about your morning run -- -or, for that matter, simply the way you think.

**Changing Anarchism** Jul 09 2020 The massive protests against globalization in recent years have rekindled interest in anarchism. Changing Anarchism sets out to reposition anarchist theory and practice by documenting contemporary anarchist practice and providing a viable analytical framework for understanding it. The contributions here, from both academics and activists, raise challenging and sometimes provocative questions about the complex nature of power and resistance to it. The areas covered include: sexuality and identity; psychological dependency on technology; libertarian education; religion and spirituality; protest tactics; mental health and artistic expression; and the ongoing "metaphorical wars" against drugs and terror. This collection epitomizes the rich diversity that exists within contemporary anarchism as well as demonstrating its ongoing relevance as a sociological tool.

**Addiction** Jan 03 2020 Discusses the problems associated with a family member, parent or child, who suffers from addiction.

**For a Child with Spirit** Sep 30 2019 "In our hearts we know this life of hurry-scurry does not serve us well. Nor does it serve our children who are developmentally unprepared for life in overdrive. Our children have simple needs: To be loved, to be listened to, and to be directed and protected. We are their models, however imperfect. This is a powerful and awesome responsibility!" Author Colleen Reynolds combines her years of teaching and school counseling experience to examine the often-chaotic life of the average American family. In today's fast-paced society with its ever-increasing demands on our time and energy, parents are rushing from one place to another, striving to earn a living, create a home, and have a life. But our hectic lifestyle is taking a profound toll on our children. For a Child with Spirit offers a no-nonsense approach to help parents take control. Reynolds suggests several ways parents can manage their time and emotions as role models to their children. With these insights, family time can improve, as well as the lives of children-at home, at school, and in the community.

**Writing Addiction** Sep 03 2022 The history of literature is replete with substance-dependent writers. The idea that addiction is a hazard of the author's life invites more interesting questions concerning the relationship between writing and addiction, the topic explored in this compilation that includes essays where authors confess & examine their personal addictions, discuss the act of writing and the idea of addiction, and present critical essays on the works of such writers as William Styron, Emily Dickinson, and Virginia Woolf.

**The Good Dad** Jan 15 2021 It's never too late to be a better father Jim Daly, president and CEO of Focus on the Family, is an expert in fatherhood—in part because his own "fathers" failed him so badly. His biological dad was an alcoholic. His stepfather deserted him. His foster father accused Jim of trying to kill him. All were out of Jim's life by the time he turned 13. Isn't it odd—and reminiscent of the hand of God—that the director of the leading organization on family turned out to be a guy whose own background as a kid and son were pretty messed up? Or could it be that successful parenting is discovered not in the perfect, peaceful household but in the midst of battles and messy situations, where God must constantly be called to the scene? That is the mystery unraveled in this book. Using his own expertise, humor, and inexhaustible wealth of stories, Jim will show you that God can make you a good dad, a great dad, in spite of the way you've grown up and in spite of the mistakes you've made. Maybe even because of them. It's not about becoming a perfect father. It's about trying to become a better father, each and every day. It's about building relationships with your children through love, grace, patience, and fun—and helping them grow into the men and women they're meant to be.

**Expanding Addiction: Critical Essays** Nov 12 2020 The study of addiction is dominated by a narrow disease ideology that leads to biological reductionism. In this short volume, editors Granfield and Reinarman make clear the importance of a more balanced contextual approach to addiction by bringing to light critical perspectives that expose the historical and cultural interstices in which the disease concept of addiction is constructed and deployed. The readings selected for this anthology include both classic foundational pieces and cutting-edge contemporary works that constitute critical addiction studies. This book is a welcome addition to drugs or addiction courses in sociology, criminal justice, mental health, clinical psychology, social work, and counseling.

**By an Addict, for an Addict** Apr 29 2022 This book is not just your typical story of one man's battle with his addictions but a comprehensive guide through the recovery process for addicts, the families of addicts, and the addicted loved ones in our lives. With over twenty years of his life spent addicted to drugs, sex, self-mutilation, gambling, alcohol, and prescription pills, Mark has already earned his "PhD" in addiction psychology and addictive behaviors. Assembled from a copious array of his own knowledge and life experiences, the wisdom and experiences of other addicts (both actively using and those in recovery), obtainable educational materials, countless hours of one-on-one, family, and group therapy sessions, and actual implementation throughout the last four years of his everyday life,

Mark peels back the many layers of his addictions in an all-out attempt to wage war and win against the constant daily battles inside his head. Fraught with countless failures, relapses, and mental setbacks, his heart bleeds onto these pages the emotional and psychological pain that addiction has brought into his life and the lives of those who love him, for addiction doesn't discriminate whom it tears apart! With a fervent love of cinema and superheroes, an adoration of history spanning all eras of civilization, and an unquenchable desire for intellectual wealth and knowledge through the absorption of books, Mark projects a calming sense of reasoning and logic all without shying away from the exploration of his own vulnerabilities and of his own demons in a last-ditch attempt to break the cycle of addiction. Join him on his journey of self-discovery--our journey of self-discovery! Learn from his life experiences living as an addict. Expand on what he has applied to his own life, and transform it into your own applications so that together we can finally begin to see that the battle to regain our self-worth and defeat our addictions or understand a loved one living in addiction is a winnable one after all!

**Narratives of Addiction Dec 26 2021** *Narratives of Addiction: Savage Usury* is the first book to argue, in the face of more than a century's received wisdom, that drug addiction and alcoholism are undoubtedly evidence of individual moral flaws. However, the sense of morality that underlies this book is completely severed from Christianity. Instead, it is influenced in particular by the writings of the nineteenth-century German philosophers Arthur Schopenhauer and Frederick Nietzsche, both of whom insisted that a genuine morality was actually incompatible with Christianity. The sequence of chapters moves from addictions on the streets, into rehab clinics, and finally into the meetings of Alcoholics Anonymous and Narcotics Anonymous. This is the first book to argue that the search for pleasure drives alcoholism and drug addiction and not the "numbing of pain". Throughout the book I reject the claims of the medical profession, as embodied by the American Medical Association, that drug addiction and alcoholism are diseases, and further argue that they do not have the authority to tell hundreds of millions of Americans that addiction is not a moral failing. I also query throughout the book the claims of neuroscience, psychology, and the social sciences that addictions to alcohol and drugs are attributable to causes that their specific disciplines are best suited to understand. I argue that there is nothing complex about addiction: it is a simple behavioural disorder. The language routinely employed to discuss addiction is similarly not complex, just confused, and so it is also the rhetoric of addiction discourse, especially its use of simile, metaphor and euphemism, that this book evaluates.

**Stepping Stones Apr 05 2020** Marilea Rabasa grew up in a family riddled with closely guarded secrets, stigma and shame perpetuating the silence. She became part of this ongoing tragedy--until she wrestled with the demons that had long plagued her, and won.

**Allen Carr: The Easy Way to Quit Cocaine Jul 29 2019** **THE BEST-SELLING EASYWAY METHOD APPLIED TO COCAINE ADDICTION** Allen Carr's Easyway method is a global phenomenon - a clinically proven and 100% drug-free treatment for nicotine addiction. This book applies that incredible method to the problem of cocaine addiction. It will give you advice about habitual triggers and how to understand that cocaine has no benefits for you - not even that of feeling good. Through following this method, you will not only be set free from your cocaine addiction but you will also find it easy and even enjoyable to quit. • Without using willpower, aids, substitutes, or gimmicks • Without gaining weight • Without suffering anxiety, depression, or unpleasant withdrawal symptoms This book is designed to help busy people, who appreciate clear no-nonsense guidance. It gives you a structured, easy-to-follow method for getting free from cocaine painlessly and immediately. What people say about Allen Carr's Easyway method: "Allen Carr's international bestseller...has helped countless people quit." Time Out New York "If you want to quit ... its called the Easyway ... I'm so glad I quit." Ellen DeGeneres "It was such a revelation that instantly I was freed from my addiction." Sir Anthony Hopkins "His skill is in removing the psychological dependence." The Sunday Times

**End Your Addiction Now Oct 12 2020** Whether it involves drugs, alcohol, smoking, or food, addiction is an overwhelming and destructive force. While many rehabilitation programs are available, the truth is that too many people return to their old habits. Why? *End Your Addiction Now* not only explores the biochemical factors that are the real cause of this problem, but offers proven advice on how to break addictions once and for all. Based upon the research and experience of Dr. Charles Gant and other pioneers, this practical handbook provides simple step-by-step directions for kicking the habit. Perhaps most unique, *End Your Addiction Now* is designed both to guide its readers to effective physicians and treatment facilities, and to provide a path for those who wish to seek wellness on their own. At the heart of Dr. Gant's approach is a distinctive program of nutritional supplements designed to jump-start recovery by reducing substance cravings. Dr. Gant then walks readers through a natural process of detoxification and biochemical testing that pinpoints the specific deficiencies that must be addressed to achieve complete recovery.

**Divided Canaan Mar 05 2020** A story revolving around a mixed race family living in Lebanon during the civil war. Divided by this war and struggling to cope with their own division from society, they each survive the best way they knew how.

**Treating Addictions Sep 10 2020** *Treating Addictions: The Four Components* offers a unique and coherent

understanding of addiction. The book begins with a chapter discussing the framework of addiction and the four essential components of treatments—the fundamentals of addiction, co-occurring disorders, quality of life, and macro factors—and subsequent chapters elaborate on each component. Most currently available addiction treatment books present knowledge and skills in separate chapters and fail to integrate all chapters within a single framework that can weave all concepts into a meaningful tapestry. Using a unified framework, this book offers students a comprehensive skill set for treating addictions.

**Inside the Teenage Brain Jun 19 2021** Teenagers are perplexing, intriguing, and spirited creatures. In an attempt to discover the secrets to their thoughts and actions, parents have tried talking, cajoling, and begging them for answers. The result has usually been just more confusion. But new and exciting light is being shed on these mysterious young adults. What was once thought to be hormones run amuck can now be explained with modern medical technology. MRI and PET scans view the human brain while it is alive and functioning. To no one's surprise, the teenage brain is under heavy construction! These discoveries are helping parents understand the (until now) unexplainable teenager. Neuroscience can help parents adjust to the highs and lows of teenage behavior. Typically, this transformation is a prickly proposition for both teens and their families, but the trials and tribulations of adolescence give teenagers a second chance to develop and create the brain they will take into adulthood.

**The Cure for Alcoholism Feb 13 2021** Finally, there is a cure for alcoholism. This is the first step. Featuring new and updated information and studies, including an introduction by actress Claudia Christian, the second edition of *The Cure for Alcoholism* delivers exactly what millions of alcoholics and families of alcoholics have been hoping for: a painless, dignified, and medically proven cure for their addiction. Backed by 82 clinical trials and research that extends back to 1964, *The Sinclair Method* deploys an opiate-blocking medication in a very specific way—in combination with ongoing drinking—to extinguish the addictive "software" in the brain. The de-addiction process rolls back the addictive mechanism in the brain to its original pre-addicted state—before the first drink was consumed, making this program an actual cure for alcoholism. Drs. Roy Eskapa and David Sinclair of *The Sinclair Method* have put together a sound scientific book that proves that with this particular method, alcoholism can be cured in more than 78 percent of patients. What's more, the treatment avoids the dangerous withdrawal symptoms, allowing patients to detox gradually and safely while they are still drinking. This removes the need for expensive and unpleasant inpatient rehabilitation programs. Actual drinking levels and cravings automatically decrease until control over alcohol is restored. The bottom line is that patients can control their drinking or stop altogether with the simple yet powerful process outlined in *The Cure for Alcoholism*. Including a new introduction by actress Claudia Christian about *The Sinclair Method's* impact on her life, updated trial information, and a letter explaining the treatment that can be given to doctors by patients, *The Cure for Alcoholism* is a revolutionary book for anyone who wants to gain control over drinking.

**Big & Tall Chronicles Jan 27 2022** *Big & Tall Chronicles* is a revealing and powerful, yet surprisingly comical account of Gary Marino's lifelong battle with obesity. It details how growing up overweight in America negatively affects an individual. Anecdotes demonstrate how Mr. Marino's weight problem put him in situations or "misadventures" that he normally would not have experienced, and offers a brutally honest look into the self-destructive mindset that modern day food addicts go through, and the frustrations and downfalls that occur while trying to live a normal life. The passionate soul-searching that ultimately pushed Marino's inner button and led him to a healing path resonates with a bittersweet familiarity for anyone recovering from an addictive disorder. Marino shares the knowledge and insights he has gained with the help of his "Dream Team" of experts, including a sports medicine specialist, a nutritionist, a personal trainer, and a therapist specializing in weight-loss issues. Truthful, educational and soul baring with a humorous undercurrent, *Big & Tall Chronicles* may very well be the breakthrough personal journey and addiction recovery book millions of Americans have been waiting for to dig deep into themselves and fix themselves once and for all.